

France / Great Britain Avenue Verte / Paris - London

Eiffel Tower & Big Ben

Consultant

Michael Hainitz

France / Great Britain



Details

Included services:

- 7 nights incl. breakfast
- Briefing at tourstart (1x)
- Ferry cruise Dieppe-Newhaven

- Luggage transfer from hotel to hotel
- Map material per room
- Service hotline

Extra services for guided tour:

- Cycling guide
- 5x dinner (beverages not included)
- support van (emergency case)

Day-to-day programm

Tour profile / level 2

The route follows the Avenue Verte along dedicated cycle paths, (90 % paved) road shoulder cycle lanes and quiet country roads. The route is on the level when it follows the main rivers, then it becomes slightly more difficult in the countryside areas, especially in England. There is the possibility to shorten the stages by using the train on day 2, 6 and 7. (not incl.) The total length of the route is approx. 345 km.

Day 1: Paris

Bienvenue à Paris! When you arrive in the early afternoon, you have the opportunity to explore the city center. Just follow the signs of the main attractions of the city.

Day 2: Paris – Cergy, approx. 55 km

Au revoir Paris! Starting from Notre Dame you can follow the Axe Historique from the Louvre with the Champs Elysées through the Arc de Triomphe till the new Défense district. After Nanterre, you will come to the islands and parks so dear to the impressionists, once a choice for Sunday trips, somewhere to spend the afternoon on a boat between the Seine and the Marne. (not incl.) Welcome to the Promenade Bleue in Paris!

Day 3: Cergy – Gisors, approx. 60 km

Your journey continues through the heart of the Vexin natural park, home to picturesque towns, castles and farmhouses. After Théméricourt and its spectacular Maison du Parc, you continue to Villarceaux and its eighteenth-century castle of the same name. After the little town of Bray-et-Lû you will proceed along the river Epte to Gisors and the fortress marking the historical Franco-norman border.

Day 4: Gisors – Forges-les-Eaux, approx. 65 km

Departure from Gisors for Gournay-en-Bray and then on to Forges-les-Eaux, the renowned spa resort. Welcome to Normandy, or rather to Gourmandie, land of unique flavours.

Day 5: Forges-les-Eaux – Newhaven, approx. 60 km + ferry

From Forges-les-Eaux you follow the brand new cycle path that will take you directly to the sea, through the wonderful countryside dotted with farms that supply their excellent products to the Norman and Parisian markets. Along the second half of the route the landscape is tinged with blue as you pass through the Arques estuary, overlooked by the castle of the same name and ancient sand caves that have become a refuge for marsh birds. Here you are in Dieppe, France's leading seaside resort and a favourite with a great many impressionist painters. Appointment on the quayside for the trip across the Channel. Overnight in New haven after the crossing.

Day 6: Newhaven – East Grinstead, approx. 55 km - 75 km

From Newhaven take the train to Polegate where you start to pedal. Alternatively you can cycle till Brighton and take the train from there but in this case you will extend the mileage of 20 km. Along the Cuckoo Valley and the old railway line, you will come to Heathfield. From here it gets more difficult but once in Groombridge it will be flat again. Following the Forest Way you arrive to the historic local market town of East Grinstead.

Day 7: East Grinstead – London, approx. 45 km

From East Grinstead you take the Worth Way, a cycle path through a wonderful wood to Crawley: an ultramodern city, this will get you ready for The Old Smoke itself, London. From here you take the train to Coudson, where you start cycling through green parks and quiet districts to the heart of London. Your finish line for the week will be Westminster.

Day 8: London

Individual departure or extended stay.

Prices
